

REINDEER RAMBLE 5K

16th Annual

SUNDAY

DECEMBER 6, 2009

9:00 AM

START & FINISH -- IBEW HALL South of Southpark Mall 1805 52nd Ave Moline, IL

COURSE -- Flat & Fast, scenic, accurate, wheeled distance!!

RRS RACE CIRCUIT

SWEATSHIRTS -- Size guaranteed to pre-registered runners and walkers!!

RUNNER'S AWARDS -- Overall male and female, 3 trophies/age groups 0-14, five years 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

WALKER'S AWARDS -- Overall male and female, 3 trophies/age groups 0-29, 30-39, 40-49, 50-59, 60 & Over!

FOOD & DRINK -- Great food and drink! Includes Sloppy Joes & desserts

REGISTRATION FEES -- Pre-registered - Not later than 11-29-09 \$18.00, Rock River Strider members \$16.00. After Nov 28, \$22.00 for all, NO EXCEPTIONS! Rock River Striders & Rock River Road Runner's Circuit Race. PACKET PICKUP & REGISTRATION 7:30AM TO 8:30AM RACE DAY @ IBEW HALL

GRAND PRIZE! TRAVEL GIFT CERTIFICATE \$250.00 for pre-registered runners only! MUST BE PRESENT TO WIN! NO EXCEPTIONS!

SPONSORS: Picture Perfect Travel, IBEW 45, Insurance Service QC Inc

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OFFICIAL ENTRY FORM (MAY BE DUPLICATED) PLEASE PRINT!!!

First Name _____ MI _____ Last Name _____

Age race day ___ Date of Birth ___/___/___ Male ___ Female ___ Run ___ Walk ___

Circle shirt size S M L XL XXL (ADD \$2.00 FOR XXL) Phone ___-___-_____

ADDRESS _____ CITY _____ ZIP _____

E-MAIL ADDRESS: _____

WAIVER (MUST BE SIGNED) In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assignees, do hereby release and discharge IBEW, the City of Moline, any sponsors, supporters or volunteers the ROCK RIVER STRIDERS, for all claims of damages, demands, actions whatsoever in any manner arising or growing out of my participation in the REINDEER RAMBLE 5K Run or Walk. I attest and verify that I have full knowledge of the risks involved in this event, am physically fit, and sufficiently trained to participate in this event.

SIGNATURE _____ **DATE** _____

Participant, OR PARENT OR GUARDIAN if under 18 years of age.
Make checks payable to Rock River Striders. Mail entry and payment to
ROCK RIVER STRIDERS, P.O. BOX 4271, Rock Island, IL 61201