

Hennepin Hustle

5K Run & Fun Walk



4th ANNUAL HENNEPIN HUSTLE

5K RUN & FUN WALK
 SUNDAY, JUNE 27, 2010 8:00 AM
 HENNEPIN CANAL PARKWAY
 COLONA, ILLINOIS

TITLE SPONSORS:
 BLACKHAWK BANK & TRUST
 COLONA BANK

RACE FEATURES:

Scenic course along Hennepin Canal
 Water Stops & Traffic Control
 Custom T-shirts
 Electronically Timed

AWARDS.....RUNNERS AWARDS: Plaques to first overall
 Male and Female, three awards each 0-14,
 five year age groups thru 70-74 then 75 & over

Can register on line at www.GetMeRegistered.com

RRS RACE CIRCUIT

REGISTRATION INFORMATION:

CBRC RACE CIRCUIT

Pre-registered, postmarked no later than June 18th \$18*
 After JUNE 18TH and Race Day for all \$20

Community & local Charities to benefit

ENTRY FEE IS NON-REFUNDABLE

RACE DAY PACKET PICKUP & LATE REGISTRATION: at Colona Fire Department (401 1st Street Colona, IL)
 From 6:30am to 7:30 am

FOOD, REFRESHMENTS & FUN

RUN/WALK RESULTS ON ROCK RIVER STRIDERS WEBSITE:

WWW.ROCKRIVERSTRIDERS.COM

RACE DIRECTOR: Melinda Urban (309) 792-3384 day or (309) 230-6913 evening

OFFICIAL ENTRY FORM

MAY BE DUPLICATED

PLEASE PRINT

FIRST NAME _____ M. _____ LAST NAME _____ AMT ENCLOSED \$ _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____
 MALE _____ FEMALE _____ DATE OF BIRTH _____ AGE RACE DAY _____
 CIRCLE SHIRT SIZE (PRE-REGISTERED PARTICIPANTS GUARANTEED SHIRT ON RACE DAY, ALL OTHERS
 MAY NEED TO BE ORDERED)
 YM S M L XL 2XL (add \$1.00) 3XL (add \$1.00) RUNNER _____ WALKER _____

WAIVER (MUST BE SIGNED) IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY, I FOR MYSELF, MY EXECUTORS, ADMINISTRATORS AND ASSIGNEES, DO HEREBY RELEASE AND DISCHARGE ROCK RIVER STRIDERS, THE CITY OF COLONA, ANY SPONSORS, SUPPORTERS OR VOLUNTEERS FOR ALL CLAIMS OF DAMAGES, DEMANDS, ACTION WHATSOEVER IN ANY MANNER ARISING OR GROWING OUT OF MY PARTICIPATION IN THE HENNEPIN HUSTLE 5K RUN OR WALK. I ATTEST AND VERIFY THAT I HAVE FULL KNOWLEDGE OF THE RISKS INVOLVED IN THIS EVENT, AM PHYSICALLY FIT AND SUFFICIENTLY TRAINED TO PARTICIPATE IN THIS EVENT.

*Make checks payable to: Hennepin Hustle 5k
 Mail to: Jenny Legare
 716 3rd Street
 Colona, IL 61241

SIGNATURE _____ DATE _____
 OF PARTICIPANT (Parent or Guardian if under 18)